

## PREFACE

From experience, I know that reading in a foreign language is difficult. You feel unsure of yourself when you see words that you don't know. You worry that you won't understand what you are reading. If you are like most students, you take your dictionary and look up the new words.

Unfortunately this is the wrong approach. Reading word-by-word is a slow, boring process. You become so involved in the details that you miss the overall message. Worst of all, you feel frustrated, maybe even depressed because despite all your work, you don't understand what you have read. You may even conclude that you aren't "good at foreign languages."

If you want to improve your reading skills, you have to learn *how to read*. First of all, you must read faster. Don't stop every time you see a new word. Instead look for key words — nouns, verbs and negatives — because they give you important information.

Second, don't read word-by-word or even sentence-by-sentence. Learn to read *paragraphs*. Pay special attention to the opening and closing sentences. The first sentence gives you the theme, while the last sentence provides the conclusion. You may find it helpful to underline or highlight key words or phrases.

Third, make a short mental summary of the passage you have read. If you are unsure, go back and reread the key words.

Finally, remember that reading is very much like listening to music. To appreciate music, you must pay attention to the melody. Don't worry if you miss some of the notes. Just keep on listening, and follow the rhythm. To enjoy reading, you have to focus on the message. Don't be afraid if you don't know all the words. Just continue reading, and think about the meaning. You will be surprised by how much you understand.

I hope that my advice will help strengthen your reading skills and improve your comprehension. Most of all, I hope that you will discover how reading can fill your life with joy, knowledge and inspiration.

Joan McConnell, Ph.D.

## 本書の使い方

本書の平易な英語名文は、学生の皆さんが興味を持てるトピックスに焦点を絞り、アメリカの教育者であり言語学者であるマコーネル博士が、すべて新たに書き下ろしたものです。英文は読みやすく、内容がイメージし易いので、英文速読用の教材に最適です。きっと皆さんは興味を持ってどんどん読み進めることができるでしょう。

本書で英語学習を始める前に、以下に示す各項目のねらいをよく頭に入れて頂くと、より一層学習効果を上げることができます。

**写真またはイラスト** 各章の最初に載っている写真・イラストは本文を理解するヒントになりますので、本文を読み始める前によく見てから、Key Words for TOEIC を理解すると、本文の内容をつかみやすくなります。

**Key Words for TOEIC** 本文に出てくる TOEIC Test 頻出重要英単語です。英語の説明を読み、すぐ下の英文及び訳文を参考に意味をしっかりとつかんでください。

**Minimal Phrases** Key Words for TOEIC に出てきた重要単語を中心に、英単語が最小限の組み合わせで、効率よく覚えられるよう工夫されています。大いに活用され重要単語の定着度を強化してください。

**Reading Passage** 英文をその流れに沿って理解しながら、スピードとリズムを大切に読み進めてください。1章から5章までは約250語、6章から10章までは約300語、11章から15章までは約350語の平易な名文です。なじみがない単語に出会っても辞書を引かずに最後まで読み通してください。

**Comprehension Questions T/F** 本文を読んだ直後に、その内容をどのくらい理解しているかをチェックできます。正答率を記録し進歩を実感しましょう。

**Grammar Exercises for TOEIC** 主に本文で学習した内容を、文法・語法の面から、空所補充問題で理解度をチェックできます。TOEIC Test にそなえて、各問が30秒以内で解答できるよう努力してください。

**Listen and Repeat** 各章の Key Words for TOEIC で取り上げた重要単語の記憶定着度を強化するためにCDを聴きながら空所を補充していく部分的書き取り問題です。単語の語尾変化に注意をはらって聴いてください。

**Optional Exercises** 各章で覚えた単語の意味やスペリングをいろいろな角度からチェックできます。ゲーム感覚でチャレンジしてみましょう。

**TOEIC Test Part I** 写真描写問題によく出る人物描写に焦点を絞ったトレーニングです。イラストをよく見ながら、CDから流れる英文を映像化するよう心がけ、正しく書き取ってください。

**Intelligence Oasis & Coffee Break** 気楽に読める英語雑学コーナーです。

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# Never Give Up



Bethany Hamilton

## Key Words for TOEIC



1-2



### 1. **tremendous:** very large; very strong

Bethany felt a **tremendous** pain in her arm. (ベサニーは腕に激しい痛みを感じた)

### 2. **vicious:** dangerous; ferocious

A **vicious** shark attacked her. (どう猛なサメが彼女を襲った)

### 3. **determined:** with a clear or firm purpose

She was **determined** not to die. (彼女は決して死ぬもんかと決意した)

### 4. **survive:** to remain alive

The thirteen-year old girl **survived** the shark attack. (13歳の少女はサメの攻撃から生き残った)

### 5. **urge:** to encourage; to advise strongly

She **urges** people with disabilities to remember her message. (彼女は障害者に、メッセージを覚えていてほしいと呼びかけた)

## Reading Passage



1-3



3

It was a beautiful Hawaiian morning. Bethany Hamilton was happy because the waves were perfect for surfing. She walked into the ocean with her board, and started paddling out to catch a good wave. All of a sudden, she felt a **tremendous** pain in her left arm. She screamed as a **vicious** shark attacked her. The huge fish bit off her left arm, and then swam away.

Bethany was losing lots of blood. Despite the pain, she was **determined** not to die. With her right arm, she paddled toward the beach. Finally she reached the shore. Friends pulled her out of the water, and called an ambulance.

Although Bethany had lost almost 70% of her blood, the doctors saved her life. She **survived** the shark attack because she was young, strong and courageous. Less than one month after her accident, this remarkable thirteen-year old girl started to surf again.

Surfing with one arm was not easy. Bethany had to learn how to balance on her special surf board. She practiced and practiced. A few months later, she entered a competition, and won a place on the US National Surfing Team.

Bethany's determination is the key to her success. She believes that dreams can come true, even for people with disabilities. She has written a book about her accident. Today she is a role model for people who have been seriously injured in accidents or in war. Bethany **urges** them to remember her message: Never give up ..... no matter what!



Your time: ( ) \_\_\_\_\_ words

(1') \_\_\_\_\_ words / ( ) \_\_\_\_\_ / ( ) \_\_\_\_\_ / ( ) \_\_\_\_\_

## minimal phrases

1. a **tremendous** explosion 大爆発
2. a **vicious** attack 猛攻撃
3. a **determined** action 決意の堅い行動
4. **survive** in the désert 砂漠で生き残る ※デザートは dessert
5. **urge** young mothers to stop smoking 禁煙するよう若い母親たちを説得する

## Comprehension Questions (T/F)



1-4

本文の内容に合っている文にはTを，合っていない文にはFをつけなさい。

1. Suddenly Bethany felt a tremendous pain in her left hand. ( )
2. Despite the pain, Bethany was determined to live. ( )
3. It took a very long time for her to start to surf again. ( )
4. Bethany had to learn how to balance on her surf board. ( )
5. Bethany believes that dreams can come true, even for people with disabilities. ( )

## Grammar Exercises for TOEIC

正しい答えを選びなさい。

1. Bethany was very happy because the waves were perfect \_\_\_\_\_ surfing.  
(A) of (B) on (C) for (D) with
2. \_\_\_\_\_ she had lost 70% of her blood, the doctors saved her life.  
(A) However (B) Although (C) Whatever (D) But
3. She believes that dreams can come true, even \_\_\_\_\_ people with disabilities.  
(A) though (B) so (C) for (D) if
4. She survived the shark attack because she was young, strong and \_\_\_\_\_.  
(A) courage (B) courageous (C) courageously (D) courageousness
5. Bethany's \_\_\_\_\_ is the key to her success.  
(A) determinate (B) determination (C) determine (D) determinative

今日の名言

*If at first you don't succeed, try, try and try again.* (最初は成功しなくても，何回も何回も努力しよう)

**Listen and Repeat**

1-5, 6, 7, 8, 9



4

CD を聞いて空所を埋めなさい。完成したら CD を聞きながら音読しましょう。

- Bethany felt a \_\_\_\_\_ pain in her arm when the shark \_\_\_\_\_ her.
- After the \_\_\_\_\_ fish bit off her left arm, it \_\_\_\_\_ away.
- Although Bethany was \_\_\_\_\_ lots of blood, she was \_\_\_\_\_ not to die.
- She \_\_\_\_\_ the shark attack, and one month later \_\_\_\_\_ to surf again.
- Bethany \_\_\_\_\_ people with disabilities to remember that determination is the \_\_\_\_\_ to success.

**Optional Exercises**

**Quiz 1** 次の 1～5 の単語と結びつく語句を A～E から選び記号で答えなさい。

- |                   |              |
|-------------------|--------------|
| 1. make ( )       | A. schedule  |
| 2. text ( )       | B. shortcut  |
| 3. take ( )       | C. a picture |
| 4. linguistic ( ) | D. message   |
| 5. busy ( )       | E. a call    |

**Quiz 2** 次は第 2 章の本文に出ている文章の一部です。述べられた順番を ( ) 内に数字で書きなさい。

- ( ) Although Bethany had lost almost 70% of her blood, the doctors saved her life.
- ( ) The huge fish bit off her left arm, and swam away.
- ( ) Friends pulled her out of the water, and called an ambulance.
- ( ) Bethany urges people with disabilities to remember her message: Never give up ... no matter what!
- ( ) Bethany had to learn how to balance on her special surf board.

**TOEIC Test Part 1**

1-10, 11, 12, 13



5

CD を聞いて文書を完成しなさい。

1.




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3.




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2.




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4.




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**Intelligence Oasis**■ **SHARK**

**Loan shark:** a person who lends money at a high interest rate (高利貸し)

■ **SURF**

**To surf the Net:** to look for information on the Internet (インターネット上で情報を見て回る)