

PREFACE

I always tell my students that reading is an excellent way to learn a foreign language. When they hear my advice, most of them look at me with a surprised expression. A few insist that reading cannot teach them how to speak, write or understand the language. I quickly reply, “Oh, yes it can!” Now please let me explain why.

To communicate, we need language. Sometimes we use the spoken language, while other times we prefer the written one. When we learn a foreign language, we must study both the spoken and the written forms. Until recently, however, foreign language instruction focused either on reading or on speaking, rarely on both. As a result, students could read but not speak, or speak but not read. Today educators want to reform foreign language instruction. Students, especially those learning English, must know how to read, write, speak and understand the language.

Now I would like to explain how reading can improve your language skills. First of all, reading helps you write better English. When you read, you find examples of correct grammar usage, good sentence structure, and useful vocabulary. If you use these examples as models, you will start thinking in English and stop translating from Japanese into English. Then your written English will be correct and clear.

When you read aloud, you develop better speaking skills. The more you read aloud, the better your pronunciation becomes. This exercise also helps you overcome your fear of speaking English. When you feel comfortable and relaxed, your speaking improves. Then your English begins to sound like that of a native speaker.

Listening to spoken English strengthens your oral comprehension. You must learn to listen like a native speaker—that is, you must listen to groups of words, because they convey the speaker’s message. Practice this technique as you listen to the CD for this textbook. You will be pleased by your progress.

I hope that this textbook will help you read better and faster. I hope that the exercises will strengthen your ability to write, speak and understand English.

Most of all, I hope that you will discover that reading is not only important but also fun.

Joan McConnell, Ph.D.

本書の使い方

本書では、各章の始めに本文の内容に関連するイラスト、または写真が載っています。本文を読み始める前に題名を理解し、写真（またはイラスト）をよく見て、Key wordsの英語を理解できましたら、本文の内容を大胆に予想してみてください。この手順を踏むことで、各章の英文をより速く、より楽しく読み進めることができるでしょう。

Key Words for TOEIC 本文に出てくる重要単語で、TOEIC TESTにも頻出の単語ですから、しっかり覚えましょう。英英辞書代わりにご利用ください。大体の意味がつかめれば、本文を読み進めていく過程で、文脈の中でその単語の意味がより明確になり、英文を読む楽しさを味わうことが出来るようになります。

Reading Passage 英文をその流れにそって理解しながら、リズムカルに読み進めてください。各章とも350語程度の読み易い名文です。なじみの無い単語と出会ってもすぐに辞書を引いたりせず、リズムをくずさず読み通してください。

Comprehension Questions T/F 本文を読んだ直後に、その内容をどのくらい理解しているかをチェックできます。段々正答率が高くなるのが楽しみになります。正答率80%（4題）以上なら立派です。

Grammar Exercises for TOEIC 各章の本文で学習した内容を、文法・語法の面から空所補充問題と誤文訂正問題で、理解度をチェックできます。TOEIC TESTに備えて、1問を45秒ぐらいで解答できるよう努力してください。

Listen and Repeat CDを聴きながら空所を補充していく過程で、リスニング能力を高めるトレーニングです。正しい語句が補充できたら、CDを聴きながら何回もリピートしてください。

Optional Exercises 各章で覚えた単語や前の章で覚えた単語を、様々な面からその定着度をチェックできます。ゲーム感覚で単語のスペリングや意味の確認を楽しめます。

Listening Exercises for TOEIC TOEIC TESTの最初に出てくる写真描写問題に強くなるトレーニングです。イラストをよく見て、CDから聞こえてくる描写文の内容が正しいかどうかを判断します。

Sentences with TOEIC Vocabulary 各章のTOEIC TEST頻出重要単語のリハーサル効果を狙った、オリジナル構文による総仕上げトレーニングです。

学生用CDには各章のReading Passage, Listening Exercise for TOEIC, Sentences with TOEIC Vocabularyが収録されています。

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chapter 1

Falling in Love



Falling in love is a special experience.

Key Words for TOEIC



1. **share:** to use or enjoy something in common
2. **assure:** to guarantee; to promise
3. **irritate:** to make someone angry; to anger
4. **demand:** to ask for something boldly, as if one has a right to do so
5. **personal:** private; individual
6. **experience:** knowledge or wisdom you gain from doing or watching
7. **eternal:** everlasting
8. **fade:** to lose color or strength; to disappear
9. **suffer:** to feel (physical or psychological) pain
10. **courage:** bravery; ability to face difficulty or danger



1-03

People—young and not-so-young—often think about love. They want to meet that special someone who will make them fall in love. But they also worry about love. How will they know if they have fallen in love? What will they feel? What should they do? Perhaps you too have asked yourself these questions.

I cannot give you the answers, but I can **share** with you the advice that my grandmother gave me. Whenever I asked her about love, she always told me to stop worrying. She **assured** me that I would know when I fell in love. Her advice **irritated** me, because it was so vague. I **demand**ed in an angry voice, “HOW will I know?” My grandmother replied calmly, “You’ll know.” But I didn’t believe her.

One evening many years later, I went out to dinner with an interesting man. Although it was only our second date, he ordered a bottle of expensive wine. He raised his glass, and made a toast *to us*¹. At that moment, I knew that he was *that special someone*. After we were married, I asked him how he knew that he had fallen in love. “I just knew,” he replied. He gave me the same answer as my grandmother.

Falling in love is a very special and **personal experience**. You can fall in love with a stranger or with a friend. You can fall in love with your next-door neighbor or with somebody from a different country. No matter how and when you fall in love, you know. Something inside you tells you that this is love. You can feel love in your heart. When you look in the mirror, you can see love in your eyes and in your smile.

Unfortunately love is not always **eternal**. Love **fades**² if people take each other for granted³. It dies if they are unkind or unfaithful to each other. It is always sad when two people stop loving each other. Falling out of love makes you **suffer**, but it teaches you about life. With time and **courage**⁴, you will fall in love again. As my grandmother said, you’ll know when it happens.



Your time: () ——— words

(1') 358 words/(1'30") 239 / (2') 179 / (2'30") 143 / (3') 119

•NOTE• 1) made a toast to us 2人のために乾杯した 2) fade さめる 3) take each other for granted お互いに慣れすぎて気づかいをしなければ 4) with time and courage 時間が経ち、勇気を持てば

Comprehension Questions T/F



1-04

本文の内容に合っている文にはTを、合っていない文にはFをつけなさい。

- ___ ① People—young and not-so-young—often think about love, but they don't worry about it.
- ___ ② Whenever I asked my grandmother about love, she always told me to stop worrying.
- ___ ③ One evening I went out to dinner with an interesting man. Although it was our first date, he ordered a bottle of expensive wine.
- ___ ④ You can feel love in your heart, but you can't see it in your eyes and in your smile.
- ___ ⑤ Fortunately love is always eternal and doesn't fade.

Grammar Exercises for TOEIC

正しい答えを選びなさい。

- ① I can share _____ you the advice that my mother gave me.
(A) of (B) by (C) with (D) on
- ② How will they know if they have fallen _____ love?
(A) of (B) on (C) into (D) in
- ③ I demanded _____ an angry voice, "How will I know?"
(A) in (B) by (C) for (D) at
- ④ Love fades if people take each other _____ granted.
(A) on (B) in (C) at (D) for
- ⑤ Falling out _____ love makes you suffer, but it teaches you about life.
(A) in (B) into (C) of (D) from

Listen and Repeat

1-05

CDを聞いて空所を埋めなさい。完成したらCDを聞きながら音読しましょう。

- ① I do not want to _____ these _____ with my co-workers.
- ② The new manager _____ his staff, because he _____ too much overtime.
- ③ I _____ my boss that I would complete the project by Friday.
- ④ Have the _____ to admit that love is not _____. When it _____, you will _____.

Optional Exercises

Quiz 1 1章で習った単語を思い出し、次の語句の反意語句を書きなさい。

- | | |
|---------------------------------------|---------------------|
| ① grandfather _____ | ③ fortunately _____ |
| ② fall out of love fall _____ love | ④ inexpensive _____ |

Quiz 2 スペリングの特徴をつかみながら単語を完成させなさい。

- | | |
|-------------------------|---------------------------|
| ① _rr_____ (じらす) | ④ i____i____i_____ (個人的な) |
| ② e____e____e____e (体験) | ⑤ ____ff_____ (悩む) |
| ③ _ss_____ (自信をもって言う) | |

Listening Exercises for TOEIC



1-06

CDを聞いて正しい描写文には○を、間違っているものには×を付けなさい。



- | | |
|------------|------------|
| ① () | ⑤ () |
| ② () | ⑥ () |
| ③ () | ⑦ () |
| ④ () | ⑧ () |

関連単語

receiver 「受話器」

fluorescent lighting 「蛍光灯」

office supplies 「オフィス用品」

receptionist 「受付係」

notebook computer 「ノートパソコン」

KAIBUN 一回文 PALINDROME [pælindròm]

Coffee Break



【日本語】 田植え歌 たうえうた

竹やぶ焼けた たけやぶやけた

【英語】 No lemon, no melon.

Step on no pets.

(レモンもなければ、メロンもなし)

(ペットを踏まないでね)

Madam, I'm Adam.

(奥様、私はアダムでございます)

今日の名言

All our dreams can come true — if we have the courage to pursue them.
 Walt Disney (夢を求め続ける勇気があれば、すべての夢は必ず実現できる)

Sentences with TOEIC Vocabulary



CDを聞きながら音読し、覚えましょう

1. She **assured** her boss that the new computer system was easy to use.
彼女は上役に新しいコンピューターシステムは使い易いと言って安心させた。
2. You need **courage** if you want to change your career.
職業を変えるには勇気がいります。
3. The passengers **demanded** an explanation for the flight delay.
乗客は飛行遅れの釈明を求めた。
4. An English poet wrote that "Hope springs **eternal** in the human breast."
ある英国の詩人は「望みは永遠に湧き出る胸の内に」と詠んだ。
5. If you have computer **experience**, you can find a job.
コンピュータに熟達していれば仕事に有り付ける。
6. If a project is expensive, the boss's enthusiasm **fades** quickly.
プロジェクトに経費が高くつけば、上司の熱意は急に冷める。
7. His sexist jokes **irritate** the women in the office.
彼の女性を蔑視したジョークは、職場の女性をいら立たせた。
8. The office phone should not be used for **personal** calls.
事務所の電話は私用で使わないでください。
9. The CEO urged the employees to **share** responsibilities.
(CEO=Chief Executive Officer)
最高経営責任者は、従業員に責任を分担しあうよう促した。
10. Many families **suffer** during a recession.
多くの家族が不況の間苦しんでいる。