

BEST PRACTICE FOR THE TOEIC® L&R TEST —Advanced—

TOEIC® L&R TEST への総合アプローチ
—Advanced—

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音声ファイルのダウンロード/ストリーミング

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はしがき

皆さんは「グローバル人材に求められる英語力」とはどんなものか、考えたことはありますか。様々な回答があつて当然だと思いますが、あえて私見を述べるなら、1. 人種や国籍にこだわらず、相手の発言に耳を傾けることができること。2. 自分と異なる意見を排除するのではなく、違いとして理解し認められること。3. 自分の考えを明確に相手に伝えられること。この3つだと考えています。「あれ、英語はどうしたの?」と思った人もいるかもしれませんが、上の3つを実践するための媒介が「英語」です。

世界の4人にひとりが英語を話すグローバルな時代に私たちはいます。英語はできて当たり前になりました。さらには、あなたが仕事で英語を使う相手はネイティブよりノンネイティブ（非英語母語話者）である可能性のほうがはるかに高いのです。ということは様々な発音上の癖やなまりを聞き取れるようにならなければなりません。世界は正にWorld Englishesの時代です。10カ国の人がいたらそのうち最低でも7カ国の人の発言は聞き取れるようになります。10カ国の人がいたらそのうち最低でも7カ国の人に分かってもらえるような発音ができるようになります。

TOEICで出題される語彙や表現、場面にはグローバルに通用するものが取り上げられています。換言すると、英・米・豪・加など英語を母語とする国の文化に依拠するような問題は極力排除されているということです。皆さんはTOEICというテストを受ける、という目標の先にあるグローバル人材が身につけるべき英語を知り、学ぶということを視野に入れ、励んでいただきたいと思います。

本書の発刊に当たり、『BEST PRACTICE FOR THE TOEIC® L&R TEST』をBasicからAdvancedまでのシリーズ三部作とすることをご提案いただいた(株)成美堂の佐野英一郎氏、引き続き編集の労をお取りくださった穴戸貢氏、太田裕美氏、丁寧な英文校閲をしてくださったBill Benfieldの各氏に改めて御礼申し上げます。

2022年秋

吉塚 弘

Graham Skerriitt

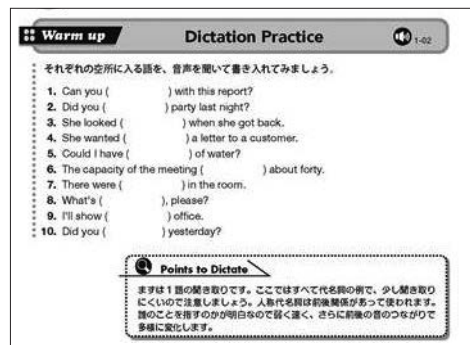
本書の構成と使い方

■全般：

- ・全UnitがDining OutやOfficesなどのトピック別の構成になっています。
- ・各Unitには、Part 1～Part 7までの全てが収められています。
- ・各Partの問題は、Unit 1からUnit 14へと出題頻度と重要度の観点から配置されています。

▶Warm up — Dictation Practice：

- ・リスニングセクションに入る前の耳慣らしです。
- ・音声は成美堂ホームページ (<https://www.seibido.co.jp/ad792>) よりダウンロードあるいはスマートフォンやタブレットでストリーミング再生してください。
- ・日本人にとって聞き取りにくい音の変化を学べるようになっています。聞き取りの際の注意点は、“Points to Dictate”にあります。
- ・Points to Dictateにあるカタカナは発話の際のガイダンスとしてもご利用いただけます。



👉 音声を聞き、空所部分を書き取ってください。音声は何度聞いても構いません。

▶頻出単語チェック！：

- ・各Unitのトピックに頻出し、当該Unitでも使用されている語句をチェックします。
- ・リスニングとリーディングの両セクションの最初のページに10語ずつあります。

👉 見出し語句と適切な意味（英語）を選びます。意味は本文で使われている意味が表示されています。

▶各Partの構成：

全Partに“Check Point!”があります。何を学ぶのか、どのような能力を身に付けられよいかを明示しました。

LISTENING SECTION

- Part 1は、He, She, The man, The womanなどに加え人物以外の主語も取り上げています。
- Part 2は、質問文に頻出する疑問詞を中心とした構成になっています。
- Part 3は、会話の内容や目的、誰と誰の会話かなどの概略を問う質問文を例題の最初に取り上げています。2名の会話だけではなく3名の会話を聞いて解答する問題や、図表を見ながら解答する問題、話し手の意図を問う問題もUnit 7以降に採用しています。
- Part 4は、説明文の主旨や主題、目的などの概略を問う質問文を問題の最初に取り上げています。音声と印刷された図表の情報を関連づけて解答する質問と、話し手の意図を問う質問もUnit 9以降に採用しています。

☞ Warm up同様に音声は成美堂ホームページ (<https://www.seibido.co.jp/ad792>) よりダウンロードあるいはスマートフォンやタブレットでストリーミング再生してください。

Listening Section

PART 1 文法問題

Check Point 1人の人物の動作について述べる動詞を見ましょう。
He is eating at a restaurant.

それぞれの空所について、4つの選択肢の中から最も適切なものを1つずつ選んでください。

1.  2. 

PART 2 文法問題

Check Point 各空所の疑問詞で始まる疑問文をチェックしましょう。
What time does the restaurant open on Sundays?

それぞれの空所について、4つの選択肢の中から最も適切なものを1つずつ選んでください。

3. Mark your answers on your answer sheet. 4. Mark your answers on your answer sheet. 5. Mark your answers on your answer sheet. 6. Mark your answers on your answer sheet. 7. Mark your answers on your answer sheet.

PART 3 文法問題

Check Point 会話についての会話の目的、話し手の意図を見ましょう。
What is the conversation mainly about?

会話についての会話の目的、話し手の意図を見ましょう。

8. What does the woman want the man to do? 9. What will the woman most likely do next? 10. What will the woman most likely do next?

PART 4 文法問題

Check Point 図表の「主旨」を大まかに読みましょう。
What is the message mainly about?

図表についての図表の主旨、話し手の意図を見ましょう。

11. Who most likely are the listeners? 12. What does the speaker ask the listeners to do? 13. What does the speaker ask the listeners to do?

▶ Grammar Review :

- 文法項目を頻度順に復習します。

☞ 各項目の説明を読み、続く例題に取り組みましょう。

READING SECTION

- Part 5は、5つの問題のうち、最初の3つが文法問題、残り2つが語彙問題です。文法問題は前ページのGrammar Reviewで学んだ内容が問われています。語彙問題は頻度の高い品詞を取り上げています。
- Part 6は、4つの空所のうち、3つは文法問題と語彙問題で、1つは文挿入問題です。

Grammar Review 基本時制 (現在形・過去形)

■文中の中心存在である動詞ですが、ここでは「基本時制」、中でも現在形と過去形を見ましょう。時制は文法上の時を示すものであって、必ずしも実際の時間とは一致しません。「動作・状態」⇒「am hungry」や「習慣的・反復行為」⇒「John teaches English」さらに「不意の真実」⇒「One and two make three」はすべて現在形で表します。現在形でも過去形の場合であっても、時を表す語句が含まれていれば、その時に注目し時制を合わせます。

《例題》各空所に入れるべき最も適切な語を1つ選んで、その記号を書きなさい。

1. I commute by bus, when it
(A) rain (B) rains (C) rained (D) raining

2. The company cafeteria at 11:30 A.M. every day.
(A) has opening (B) opened (C) opens (D) open

3. The sun in the west.
(A) set (B) setting (C) sets (D) has set

■文中に時を表す語句が含まれている場合は、その時に時制を合わせます。この場合時制上の過去と現実の過去とは一致していることとなります。

Reading Section

PART 5 文法問題

Check Point 文法問題 (人代名詞、動詞、関係詞、動詞)
人代名詞が空所に入る文の「主語」を正確に読みましょう。

それぞれの空所に入れるべき最も適切なものを1つずつ選んでください。

14. Our redesign office special areas for informal meetings as well as traditional meeting rooms. 15. Mr. Williams a travel agency several years ago in London. 16. To receive a staff discount in the cafeteria, ... your staff ID at the cash desk. 17. We need to decide who will be the for the meeting tomorrow. 18. The company decided to sell the and find a cheaper location to store their products.

PART 6 文法問題

Check Point 文法問題 (関係詞、動詞)
関係詞が空所に入る文の「主語」を正確に読みましょう。

それぞれの空所に入れるべき最も適切なものを1つずつ選んでください。

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・Part 7は、出題頻度の高いEメールやメモ、手紙、広告文などを取り上げています。それぞれの説明文の主旨や主題、目的などの概略を問う質問文が問題の最初に出題されています。また、最近出題されるようになったテキストメッセージやオンラインチャット形式の問題や3つの文書を読んで解答する問題、さらに書き手の意図を問う質問や1文を挿入する文挿入問題を採用しています。

☞ Part 5～Part 7までは、目安の制限時間を設けて取り組みましょう。

Part 5 ---- 3分45秒 (45秒@1問)

Part 6 ---- 3分20秒 (50秒@1問)

Part 7 ---- 1分40秒 (50秒@1問) ←1つの文書
 5分00秒 (60秒@1問) ←2つの文書
 6分40秒 (80秒@1問) ←3つの文書

◎TOEIC重要熟語100

巻末付録として「TOEIC重要熟語100」を付けました。知っている単語が2つ以上並ぶと知らない単語に変身してしまいます。リスニングの一瞬で聞こえたり、リーディングの一部に登場すると「何のこと?」となってそれ以降の音声は聞けなくなったり、読めなくなったりします。☑ボックスを付けておきましたので、知らないものがあったら必ず覚えましょう。

PART 7 読解

Check Point! E-mail (120文字)
 題名、宛先、本文などに注意しながら読みましょう。

文章を読んで、それぞれの設問の答えとして最も適切なものを1つずつ選びましょう。

Notice: Recycling Bins

As part of our drive to reduce waste and become a greener company, we have installed new recycling bins around the office. Before you dispose of any trash, please check carefully that you are using the correct bin.

Each bin has a distinctive color to help you remember to use the right one:

- blue - paper
- green - food waste
- yellow - bottles and cans
- red - plastic

The blue and red bins can be found next to the photocopier and in reception, whereas the green bin is in the kitchen and the yellow one is near the elevator.

However, please remember that we recently implemented a new policy about the use of paper. This policy requests that you do not print out any documents unless absolutely necessary, and if you must print something out, you should make sure to print on both sides.

It's vital that we all work together to make sure we are doing our part for the environment.

Thank you for your cooperation.

23. What is the purpose of this notice?
 (A) To inform staff about some new equipment.
 (B) To remind staff to use the recycling bins.
 (C) To thank staff for recycling their waste.
 (D) To warn staff about following the rules.

リンガポルタのご案内

intelligent learning platform
Linguaporta

リンガポルタ連動テキストをご購入の学生さんは、
「リンガポルタ」を無料でご利用いただけます！

本テキストで学習していただく内容に準拠した問題を、オンライン学習システム「リンガポルタ」で学習していただくことができます。PCだけでなく、スマートフォンやタブレットでも学習できます。単語や文法、リスニング力などをよりしっかり身に付けていただくため、ぜひ積極的に活用してください。

リンガポルタの利用にはアカウントとアクセスコードの登録が必要です。登録方法については下記ページにアクセスしてください。

<https://www.seibido.co.jp/linguaporta/register.html>



本テキスト「BEST PRACTICE FOR THE TOEIC® L&R TEST -Advanced-」のアクセスコードは下記です。

7358-2051-1231-0365-0003-00ab-Q3JB-QPRZ

・リンガポルタの学習機能(画像はサンプルです。また、すべてのテキストに以下の4つの機能が用意されているわけではありません)

●多肢選択

New Connection Book 2(4技能を高める英語)
演習 <Book 2>

YOUR PROGRESSION STATUS

本書の練習冊スコア **0** 点

本コンテンツのスコア **0** 点(5点満点)

このユニットの進捗状況 0 10 20 30 40 50 60 70 80 90 100

ラーニングロードレベル 進捗 進捗 進捗 進捗 進捗

この問題の解説正解数 ☆

問題番号: 7

適切な語句を選び、英文を完成させましょう。

Darren loves kids, so teaching _____ him.

☐ private ☐ serious ☐ suits ☐ opposite ☐ fit

解答する

●空所補充(音声を使つての聞き取り問題も可能)

New Connection Book 2(4技能を高める英語)
演習 <Book 2>

YOUR PROGRESSION STATUS

本書の練習冊スコア **0** 点

本コンテンツのスコア **0** 点(5点満点)

このユニットの進捗状況 0 10 20 30 40 50 60 70 80 90 100

ラーニングロードレベル 進捗 進捗 進捗 進捗 進捗

この問題の解説正解数 ☆

問題番号: 3

▶ ||

音声聞いて、空所に当てはまる表現を書き入れましょう。

I'll move my * * my apartment later.

解答する

●単語並びかえ(マウスや手で単語を移動)

New Connection Book 2(4技能を高める英語)
演習 <Book 2>

YOUR PROGRESSION STATUS

本書の練習冊スコア **0** 点

本コンテンツのスコア **0** 点(5点満点)

このユニットの進捗状況 0 10 20 30 40 50 60 70 80 90 100

ラーニングロードレベル 進捗 進捗 進捗 進捗 進捗

この問題の解説正解数 ☆

問題番号: 1

日本語に合う英文になるように語句を黒いラインの上に並べなさい。ただし、文の始めに来る単語も小文字で表記されている。

僕は責任のある人とはうまくいくんだ。

I _____ people.

along get responsible with well

クリア 解答する

●マッチング(マウスや手で単語を移動)

New Connection Book 2(4技能を高める英語)
演習 <Book 2>

YOUR PROGRESSION STATUS

本書の練習冊スコア **0** 点

本コンテンツのスコア **0** 点(5点満点)

このユニットの進捗状況 0 10 20 30 40 50 60 70 80 90 100

ラーニングロードレベル 進捗 進捗 進捗 進捗 進捗

この問題の解説正解数 ☆

問題番号: 4

Match the following English with its Japanese definition.

banking

billboard

award

behave

bargain

お買い得品

壁をなえる

ビルボード

ふるまう

銀行の乗込

解答する

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(GR: 接統詞)	
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Dining Out

Warm up

Dictation Practice



1-02

それぞれの空所に入る語句を、音声を聞いて書き入れてみましょう。ただし、短縮形が含まれる場合は短縮形で記入しましょう。

1. I've booked a really _____ at the restaurant.
2. Would you like _____ wine, Mr. Martin?
3. All of the desserts _____ to me, but I'll have the fruit salad.
4. We usually _____ to a traditional French restaurant.
5. If you're having a starter, I recommend the chicken and _____.
6. I'm sorry but we _____ credit cards.
7. _____, I'll take you to a great Italian restaurant.
8. John's retirement party _____ a lot of fun.
9. You _____ pay for your own food.
10. Do you want to get a sandwich or would you prefer some _____?



Points to Dictate

1 語目の語尾と 2 語目の語頭が似た音や発音しにくい 2 語が連続しているとき、発音しにくいので間の 1 音が脱落して発音されます。脱落する代わりにそこに 1 字分のポーズが置かれます（以後ポーズを [] と表記）。さまざまな音の脱落を体験し、同類の変化に対する対応力をつけましょう。



頻出単語チェック！

Listening Section

語句と意味を品詞に気をつけながら結びつけてみましょう。

- | | |
|--------------------|---|
| 1. banquet | a. some money paid in advance as part of the total |
| 2. confirmation | amount |
| 3. attendee | b. to return the money that someone paid for something |
| 4. reminder | c. agreement that something is true or certain |
| 5. extremely | d. to contact |
| 6. cancel [v.] | e. a very short time before |
| 7. at short notice | f. very |
| 8. refund [v.] | g. a message to tell people to remember to do something |
| 9. deposit [n.] | h. a person attending an event |
| 10. get in touch | i. to decide not to do something |
| | j. a large formal meal |



Listening Section

PART 1

写真描写問題



1-03, 04

Check Point!

2人のそれぞれの動作に注目しましょう。
She と He は人物が特定される場合に使われます。

それぞれの写真について、4つの説明文の中から最も適切なものを1つずつ選びましょう。

1.



(A) (B) (C) (D)

2.



(A) (B) (C) (D)

PART 2

応答問題



1-05-09

Check Point!

質問文の最初の語句、疑問詞などに最大の注意を払いましょう。
How long have you been ~ ing?

それぞれの設問の応答として最も適切なものを1つずつ選びましょう。

3. Mark your answer on your answer sheet.

(A) (B) (C)

4. Mark your answer on your answer sheet.

(A) (B) (C)

5. Mark your answer on your answer sheet.

(A) (B) (C)

6. Mark your answer on your answer sheet.

(A) (B) (C)

7. Mark your answer on your answer sheet.

(A) (B) (C)

PART 3

会話問題



1-10, 11

Check Point!

全体を問う質問文は定型が多いので頭に入れておきましょう。
What are the speakers discussing?

会話についての設問に対し、最も適切なものを1つずつ選びましょう。

8. What are the speakers discussing?
(A) A social event
(B) A business trip
(C) A meeting
(D) A business deal
9. Where will the speakers go on Friday?
(A) To another company
(B) To a bar
(C) To New York
(D) To a restaurant
10. What does the woman ask the man to do?
(A) Meet her at the bar
(B) Order drinks at the bar
(C) Pay for his meal
(D) Remind her about the meal

PART 4

説明文問題



1-12, 13

Check Point!

誰が誰に発しているメッセージなのかをまず聞き取りましょう。
Who is the message intended for?

説明文についての設問に対し、最も適切なものを1つずつ選びましょう。

11. Who is the message intended for?
(A) A customer who made a reservation
(B) A guest at a dinner party
(C) A person who is ill
(D) A receptionist at a restaurant
12. What problem does the speaker have?
(A) Her group needs a bigger table.
(B) Her party has to change time.
(C) Her friend is feeling sick.
(D) Her reservation was canceled.
13. What does the speaker ask the listener to do?
(A) Cancel the reservation
(B) Reserve a table for another day
(C) Refund the deposit
(D) Call her back



■名詞（句）の**前**に置かれその名詞（句）を修飾するので**前置詞**です。

必ず「前置詞＋名詞（句）」というセットの形で使われ動詞、名詞、形容詞、副詞、文全体などを修飾します。主語や動詞、目的語にはなりません。

Michael is going to visit the restaurant *with* his friend *on* Friday.

(Michael は金曜日に友人とそのレストランに行く予定です)

2つの前置詞＋名詞（句）はどちらも動詞 visit を修飾しています。

Many guests attended the party in the restaurant ----- the rain.

(A) despite (B) without (C) unless (D) while

空所の後は冠詞＋名詞の名詞句です。従って空所には前置詞しか入らないので接続詞である unless と while は選択肢から外れます。接続詞の後には節が続きます。

例文では（雨にもかかわらずたくさんの客がレストランでのパーティーに参加した）という意味を表す、despite が正解です。

選択肢に前置詞のみならず、接続詞が混ざったものがありますのでしっかり見極めます。

《例題》次の空所に入れるべき最も適切な語を選んで、その記号を書きなさい。

Cathy and Lisa decided to try the new French restaurant ----- 357 Enward Road.

(A) when (B) at (C) on (D) that



頻出単語チェック！

Reading Section

語句と意味を品詞に気をつけながら結びつけてみましょう。

- | | |
|------------------|--|
| 1. authentic | a. old and unfashionable |
| 2. reasonably | b. to provide something for some particular people |
| 3. weekday | c. in a good way |
| 4. buffet [n.] | d. the first part of a meal; a starter |
| 5. magnificent | e. to move from one place to another |
| 6. appetizer | f. a meal where people serve themselves from lots of choices |
| 7. outdated | g. seems partly |
| 8. show signs of | h. very good |
| 9. relocate | i. real |
| 10. cater to | j. a day between Monday and Friday |



Reading Section

PART 5

短文穴埋め問題

Check Point!

文法問題：前置詞、語彙問題：名詞

4つの選択肢を見て判断するが、前置詞以外の品詞があるものに注意。

それぞれの空所に入れるのに最も適切なものを1つずつ選びましょう。

14. The number of fast food restaurants in this city has increased dramatically
----- the past 10 years.

(A) among
(B) behind
(C) over
(D) than

(A) (B) (C) (D)

15. ----- changing the menu, the restaurant was still not attracting enough
customers.

(A) Despite
(B) When
(C) As much as
(D) Besides

(A) (B) (C) (D)

16. Marie noticed that the server was walking ----- them with their food.

(A) at
(B) for
(C) in
(D) toward

(A) (B) (C) (D)

17. My local restaurant has started selling some vegetarian -----.

(A) ideas
(B) options
(C) answers
(D) menus

(A) (B) (C) (D)

18. This is a great recipe because it includes lots of nutritious -----.

(A) elements
(B) components
(C) ingredients
(D) constituents

(A) (B) (C) (D)

Check Point!

語彙問題：動詞

文章挿入問題：前段落と比較すると入るべき情報が見えてきます。

それぞれの空所に入れるのに最も適切なものを1つずつ選びましょう。

To: Maddison Turner<mturner@freemail.com>
From: Elena Suarez<elenas@acom.com>
Date: September 20
Subject: Re: Restaurant recommendations

Dear Maddison,

I'd be happy to suggest some restaurants for your trip to LA.

If you like Mexican food, go to Casa Mexico in East Hollywood. It's run by a Mexican family, so the food is really authentic. It's pretty reasonably -----, too. **19.**

Another good place, especially on a weekday, is Beijing Diner. The lunch buffet is great value and really good, too. ----- **20.**

If you want to ----- people, try the Elysian Grill. The food is magnificent – particularly the steaks. **21.** If you decide to get an appetizer, ----- **22.** highly recommend the salmon mousse.

Have a great trip!

Elena

- 19.** (A) price
 (B) priced
 (C) prices
 (D) pricey

- 21.** (A) inspire
 (B) inspect
 (C) impact
 (D) impress

- 20.** (A) That's also in East Hollywood.
 (B) It's expensive, but it's worth it.
 (C) So I don't actually go there very often.
 (D) They're only open in the evenings though.

- 22.** (A) I will
 (B) I am
 (C) I would
 (D) I have

PART 7

読解問題

Check Point!

レビュー（1つの文書、2つの質問）

1行目でおおよそ何の論評でどのような展開になるか予測できます。

文章を読んで、それぞれの設問の答えとして最も適切なものを1つずつ選びましょう。

Review: Henry's

My first impression of the Henry's was not a good one. The building looked old, the wallpaper was outdated and the furniture in need of replacing. It was also hard to find and a long way from the city center. With low expectations, we asked for a table for two, which was no problem – the restaurant was completely empty.

When the food came, I was pleasantly surprised. The steak was well cooked, and the vegetables were fresh and delicious. My partner was also impressed. Her fish was beautifully fried and presented. In fact, the food was fantastic.

So, despite the location and the interior, Henry's actually shows signs of being a very good restaurant. The owner, local businessman Henry Ford, badly needs to redo the interior and buy some new furniture. However, I strongly suggest relocating to a more modern building in the center of the city. I can easily imagine Henry's catering to crowds of business professionals at lunchtime, and in the evenings, too. Sadly, in its current location and with its current look, few people are likely to walk through the door, which is a shame – because the food is actually outstanding.

23. What is indicated about Henry's?
- (A) It has a good interior and good food.
 - (B) It has a good interior but the food is not good.
 - (C) It doesn't have a good interior or good food.
 - (D) It doesn't have a good interior, but the food is good.
24. What is suggested about the restaurant building?
- (A) It's in a good location for business professionals.
 - (B) It is far from the center of the city.
 - (C) It needs a better sign.
 - (D) It is very modern.